









Mental Health
Together

Contact us here:

Ashford and Canterbury Memory Assessment Service Eureka Place Medical Centre Trinity Road Ashford TN25 4BY

(Offices open Mon - Fri, 9am - 5pm)

Dementia
Drop-in
Clinic 2025

Tel: 01233 658125

Email: kmpt.ashford.olderpeople@nhs.net

www.kmpt.nhs.uk

Out of hours access
Mental Health Support: 111 option 2

In coordination with these organisations...







Have you or a relative been diagnosed with dementia?

Do you need more information and support?

Whether you have specific questions, worries or concerns - no appointment is required!



Drop in on the first Friday of the month between 12:00 pm and 2:00 pm.

See below for the dates...

Friday 3rd January 2025 — The Charing Surgery

Friday 7th February 2025 — Ivy Court Surgery

Friday 7th March 2025 — Hamstreet Surgery

Friday 4th April 2025 — The Charing Surgery

Friday 2nd May 2025 — Ivy Court Surgery

Friday 6th June 2025 — Hamstreet Surgery

Friday 4th July 2025 — The Charing Surgery

Friday 1st August 2025 — Ivy Court Surgery

Friday 5th September 2025 — Hamstreet Surgery

What does the Dementia Drop-in Clinic offer?

- Advice on treatment, including medication and therapies.
- Support and Strategies.
- Ideas to promote wellbeing and maintain activities.
- Discuss the impact of changing relationships and responsibilities.
- Signposting and information about other services available.

For more information, please ring Ashford Older People's Service on **01233 658125**

Charing Surgery - TN27 0HZ Ivy Court Surgery - TN30 6RB Hamstreet Surgery - TN26 2NJ

Friday 3rd October 2025 —The Charing Surgery

Friday 7th November 2025 — Ivy Court Surgery

Friday 5th December 2025 — Hamstreet Surgery

